

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Regardt van Hengel

Has successfully participated & completed the

Solo Steer Cowhouse Cross Duathlon 2019 #2

held at Cowhouse Market.

**TIME** 01:25:58

**PACE** 05:42/km

**OVERALL** 5 of 34

**GENDER** 5 of 22

**14 - 19** 3 of 3

07 April 2019, Sun

Date

